

KPAP NEWSLETTER

Kentucky Prescription Assistance Program - Part of the Kentucky Department for Public Health

COMMUNITY PARTNER SPOTLIGHT: KIM MAJORS & THE HENDERSON COUNTY COMMUNITY ACCESS PROJECT

By Bryant Hileman

The Green River District Health Department is home to the Community Access Project that serves Webster, Henderson, Davies, Ohio and Union Counties in Western Kentucky. The Henderson County Community Access Project has partnered with the KPAP program since September 14th of 2011. Happy 10 years to a wonderful partnership!

Patient Advocates across Kentucky have seen many changes over those past ten years. We have assisted with everything from Medicaid expansion to an increase in income qualifications for Patient Assistance Programs.



KPAP ADVOCATE KIM MAJORS

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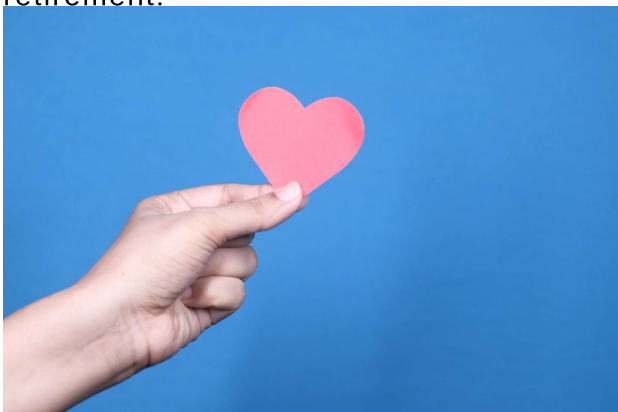
...AND MORE!

PARTNER SPOTLIGHT (CONT.)

Our computers are faster, our phones are smarter, and access to the internet across our rural communities is more accessible than ever. We have witnessed a remarkable amount of change, but one thing has remained the same for the past ten years. Our vulnerable friends and neighbors in Henderson County have had KPAP Advocate Kim Majors on their side.

Kim will be retiring in December of this year after assisting patients in Henderson County with over \$25 Million in free and reduced-cost prescription medications. "Kim has not only provided this valuable service but she has also assisted with training and helping other KPAP advocates over the years" said Suzanne Craig, Executive Director of the Community Access Project at the Green River District Health Department. "Henderson County has never had a bigger patient advocate determined to assist patients than Kim Majors."

We want to thank Kim for the past ten years of dedicating her life to serving others and we wish her a wonderful and well-deserved retirement!



KPAP ADVOCATE SURVEY

By Jennifer Toribio

We are still in need of more advocates to participate in the KPAP Advocate Survey! Thank you to those of you that have already completed it. If you have not had a chance to do so, please take a few minutes out of your day to fill out our brief 13-question survey. Your feedback is very important to us and it will help us improve our program!

Survey Link:

<https://www.surveymonkey.com/r/kyKPAP>

Please reach out to KPAP Hotline Staff if you have any questions about this survey.

KPAP ASSISTS WITH PUBLIC HOUSING EVENT

by Jennifer Toribio

Bryant Hileman is KPAP's Community Consultant for the western part of the state. He helped coordinate a community event in Paducah that took place on October 20th, 2021. There were several organizations that came together to make this event successful, including the Family Service Society, HEART USA, the Housing Authority of Paducah, KPAP, Mercy Health Lourdes Hospital and the Purchase District Health Department.

The event took place at the Housing Authority of Paducah and was open to its senior citizen residents. They were provided free BBQ sandwiches for lunch, fresh groceries (milk, eggs, fruit, and vegetables) and diabetes test monitors. Staff from Mercy Health Lourdes Hospital were onsite to administer flu vaccines to anyone who wished to receive one. Purchase District Health Department staff were also available to administer COVID-19 vaccines.



HEART USA staff and volunteers



Mercy Health Lourdes Hospital staff administered flu vaccines

Bryant and the HEART USA staff also screened each senior citizen for prescription medication assistance. They also handed out 100 KPAP goodie bags that contained items that would assist with medication compliance such as prescription bottle openers, pill cutters and water bottles.

KPAP is so thankful for all of the great community partners that came together for this event!



Volunteers handing out KPAP goodie bags

KPAP OFFICE HOURS

by Jennifer Toribio

KPAP staff would like to thank everyone who has participated in our new "Office Hours". It has been a great opportunity to catch up and in some cases to finally "put a face" on someone that we've only communicated with via email! Our first Office Hour was held on September 8th and we have continued having them weekly except for once a month when there is a Drug Assistant Training on the same day.

Please feel free to join us at any time during the 60-minute session, even if it is just for a few minutes! You do not have to stay for the entire time; you can stay for as long or as little as you'd like. Feel free to ask questions about a KPAP case or the Drug Assistant software. You can also use this time to network with other KPAP advocates or just say hi! Office Hours are optional and open to all KPAP advocates. Please see below for a list of the remaining Office Hour dates for 2021. All Office Hours are held from 10am to 11am Eastern time.

The following page has all of the Office Hour links as well as a list of which Community Consultant will be hosting each session. We look forward to seeing you!



COPD AWARENESS MONTH

by Deanna Jessie

November is Chronic Obstructive Pulmonary Disease (COPD) Awareness Month! COPD itself comprises two main diseases: Chronic Bronchitis and Emphysema. While these diseases are separate and distinguished, Kentucky residents with COPD may suffer from more than one of them at once.*

Many of the medications used to treat COPD currently have prescription assistance programs available on Drug Assistant. Please reach out to the KPAP Hotline Staff or a Community Consultant if you need additional resources.

*Source:

<https://www.livestories.com/statistics/kentucky/copd-asthma-deaths-mortality>

KPAP "OFFICE HOUR" SCHEDULE & LINKS

11/3/21

Time: 10am-11am Eastern Time

Host: Bryant Hileman

Link: <https://us06web.zoom.us/j/81678300929?pwd=aXBvMUttNndhMkNwSlIEOWhlUmpXdz09>

Password: kpap

11/10/21

Time: 10am-11am Eastern Time

Host: Carol Baldwin

Link: <https://us06web.zoom.us/j/84215293709?pwd=Yy94R1J5c0hEY1dKQ0ozU05OK3B4QT09>

Password: kpap

11/24/21

Time: 10am-11am Eastern Time

Host: Deanna Jessie

Link: <https://us06web.zoom.us/j/81553726845?pwd=Wk9WZzRPZWVERmRHbmYvN09GUWJzdz09>

Password: kpap

12/1/21

Time: 10am-11am Eastern Time

Host: Carol Baldwin

Link: <https://us06web.zoom.us/j/82825263713?pwd=RHBTZmFmMkVlc2RxTmJFNGcrNERQdz09>

Password: kpap

12/8/21

Time: 10am-11am Eastern Time

Host: Bryant Hileman

Link: <https://us06web.zoom.us/j/84384364012?pwd=bDNtdXRqdHFQTUp0bGhxV2t0OUYyQT09>

Password: kpap

12/22/21

Time: 10am-11am Eastern Time

Host: Deanna Jessie

Link: <https://us06web.zoom.us/j/89155337439?pwd=dzRpOU94UjVBSXZaVXpaVGJhTWtGdz09>

Password: kpap

12/29/21

Time: 10am-11am Eastern Time

Host: Bryant Hileman

Link: <https://us06web.zoom.us/j/83269041191?pwd=bUICUWtjT0pDUETsMUD5czEwZINPQT09>

Password: kpap

DON'T FORGET – SIGN UP FOR DRUG ASSISTANT'S MONTHLY TRAINING!

By Jennifer Toribio

Drug Assistant offers a 2-hour training once a month. It is **strongly recommended** that everyone participate in this training since it is an excellent introduction to the Drug Assistant software. In this training, Account Manager Ileana Batista of Drug Assistant will give a basic overview of the software and explain how to use it. She will also be available to answer any questions that you may have. In order to sign up for one of the upcoming trainings, you will need to log in to your TRAIN account. If you do not have a TRAIN account, you can create one for free at www.train.org/ky.

The trainings are once a month on Wednesdays from 9am to 11am, Central time (10am to 12pm Eastern time). The upcoming training dates are:

- December 15, 2021
- January 19, 2022
- February 16, 2022
- March 16, 2022

Registration for each training closes the Friday prior to the training date. Once you are logged in to the TRAIN site, you can register for the course. It is called "GoTo Training 1071427 Webinar". Please reach out to our Hotline Staff if you need any assistance!



NEED ADDITIONAL KPAP TRAINING?

By Jennifer Toribio

Our Community Consultants are available for in-person or virtual trainings whenever you need them. The difference between a Drug Assistant Training and a Community Consultant's training is that a Community Consultant is able to offer a more personalized training; one that is focused on you and your organization. They will be able to walk you through the KPAP application process from beginning to end and answer any questions that you may have, whether it is about what supplemental paperwork you need or what you can do if your patient is denied for a prescription assistance program.

Please reach out to Program Manager Jennifer Toribio (Jennifer.Toribio@ky.gov) if you would like to schedule a training for you or your agency/organization.

RECIPE: HEAVENLY SUGAR COOKIES

By Troy Chisholm

Sugar Cookies decorated in Christmas colors seem to be the go-to cookie for the holidays. Fix these for your children and grandchildren and I'm sure you will be #1 on their list! We here at KPAP hope that all of you have a happy and safe holiday season!

Ingredients:

For the Cookies:

- 1 Cup Butter, softened
- 1 Cup Heavy Cream, at room temperature
- 1 Cup Sugar
- 2 teaspoons vanilla
- 2 eggs, at room temperature
- 4 teaspoons baking powder
- 4 cups flour (AP)

For the Frosting:

- 1 cup butter, at room temperature
- 8 cups powdered sugar
- ½ cup milk, at room temperature
- 1 teaspoon vanilla
- ¼ teaspoon almond extract, optional
- Food coloring, optional
- Sprinkles, optional

Directions:

- 1.FOR THE COOKIES: Cream the butter until light and fluffy, about 3 minutes. Add the heavy cream, sugar, vanilla & eggs.Mix until combined. Add the baking powder and flour and mix well.
- 2.Shape the dough into a circle/ball & wrap in saran wrap. Cool in the fridge overnight or for several hours.
- 3.Pre-heat your oven to 350° degrees. Roll out the dough on a floured surface to around ¼ to ½ inches thick depending on how thick you like them. Use a 3"-3 ½" circle cookie cutter. Place circles on a parchment lined cookie sheet. (these cookies spread a little while baking, so they don't do well when cut into other shapes).



- 4.Bake for 8-10 minutes (depending on the size of your circles) or until bottoms are very light brown. Check at 8 minutes & DO NOT overcook or they will be dry. Take them out right when they are done and don't look wet on top.

- 5.FOR THE FROSTING: Cream the butter until light and fluffy, about 3 minutes. Add 4 cups of the powdered sugar, the milk, vanilla & almond extract. Beat till smooth and creamy. Add the remaining sugar, one cup at a time until desired consistency. Add food coloring if desired.

- 6.You can pipe the frosting on the cookies or use a knife. I piped it on, then smoothed the top with a knife.

- 7.NOTES: If you don't want to toll out the dough and use a round cookie cutter, you can roll the chilled dough into balls and press down with your fingers. They won't be perfect circles, but it does cut out the rolling step and covered in frosting, nobody will notice. If you do this, bake for less time as they will be a smaller circle.

*Recipe Source: Lucy Jane's Best
lucyjanesbest.com -Pinterest*



USEFUL DRUG ASSISTANT DOCUMENTS FOR ADVOCATES

by Jennifer Toribio

Drug Assistant will continue releasing new updates to the software throughout the year. Please contact the Hotline staff if you have any issues with the system. Please keep the following documents saved for future use; they are the list of updates that occurred in Version 5.0 and the updated Drug Assistant Training Manual. These are handy documents to have as a KPAP advocate!

Please check out the following link for a complete listing of new updates in Version 5.0:
https://www.KYPAP.com/docs/ChangesIn_v50.pdf

You can also access the new Drug Assistant 5.0 Training Manual at the following link:
https://www.KYPAP.com/docs/DATrainingManual_v50.pdf

If you notice any glitches with the software, please contact the Hotline Staff so that we can reach out to Drug Assistant to have them fix it.



KPAP'S IMPACT IN 2021

by Jennifer Toribio

From January 1st through September 30th of this year, the Kentucky Prescription Assistance Program (KPAP) has served 3,138 patients! There have been a total of 12,776 orders with 4,733 of those being new orders and 8,043 being renewal orders. The total value of medications saved by Kentuckians so far is **\$31,562,014**. KPAP would like to thank all of our advocates for helping to make this possible!



MARK YOUR CALENDARS

Here are just a few upcoming events and trainings from the Cabinet for Health and Family Services and the Kentucky Department for Public Health's many programs as well as other public health organizations in Kentucky. If your agency would like to have an upcoming event mentioned in our quarterly newsletter, please email Jennifer.Toribio@ky.gov. If you would like more information about any of the events listed below, please check the CHFS website or email Jennifer.

12/1/21: KDPH CHW Program – Continuing Education Webinar. Will focus on continuing education for CCHWs, CHWs, CHW Program Managers, and those interested in starting CHW programs are invited to attend.

12/15/21: Drug Assistant Training (Register on TRAIN)



KPAP STAFF CONTACT INFO

Please feel free to call our hotline staff with any questions you may have at **1-800-633-8100**. You can also email us at:

Troy.Chisholm@ky.gov
Jennifer.Toribio@ky.gov

Our Community Consultants are also available if you need them. If you're not sure which Community Consultant is assigned to your county, please contact our hotline staff and we'll let you know!

Carol.Baldwin@ky.gov
Bryant.Hileman@comcast.net
Deanna.Jessie@ky.gov



Kentucky Public Health
Prevent. Promote. Protect.